Iron Koi Fitness Classes

Be Strong. Be Healthy. Be Determined.

Monday 4:30 PM to 5:15 PM optional 5:30 PM
Tuesday 9:30 AM to 10:15 AM

10:30 AM to 11:15 AM

11:30 AM to 12:15 PM

Wednesday 4:30 PM to 5:15 PM optional 5:30 PM
Thursday 9:30 AM to 10:15 AM

10:30 AM to 11:15 AM

11:30 AM to 12:15 PM

Friday 10:30 AM to 11:15 AM

CALL (216) 283-3000 ext 234 to PRE-REGISTER